Homecoming 2014

A lot of people have been by our campus as part of the 2014 Homecoming festivities. Though they may not live in the area anymore, most still consider White Swan High School “home”. Alumni attended the football game, volleyball game, and other activities surrounding homecoming. Some favorite events included the homecoming dodgeball game, which may have become a new favorite tradition for current and returning Cougars, and the Homecoming dance. All in all it was sure nice to have so many people come by and say they are happy to still call White Swan High School their home!

White Swan High School is a special place. Where else can you find fireworks at the Friday night football game and a homecoming dance playlist that includes everything from current hip hop, to Tejano music, to modern remixes of traditional Native American music? Homecoming spirit days took on a 50's flavor with the student chosen “Grease Lightning” theme. The homecoming dance was decorated with vinyl records and poodle skirts. Students arrived in their best threads; the girls’ wrists decorated with flowers to top it off. Homecoming was a special time for everyone this year!

Seniors Debate Politics in CWP

Mr. Sheppard’s 12th grade Current World Problems students took on the old question of “which political party is best suited to lead our country now and into the future?” The opinions of our students were diverse, but well supported with data and research. Students individually created a presentation that showcased their stance on the topic. Then, in a symposium open to the community they presented their stance openly and professionally to anyone willing to listen. Dozens of adults attended, all of which left feeling like the future of our country is in good hands with students like ours as future leaders.
Cougar Athletics move on to State!!!

The White Swan High School football and volleyball teams have both qualified for the state tournament. Our volleyball team completed this season with a 15-1 record overall and a perfect league record of 10-0. The team is the 2B North Central Washington League south division champions and won the district tournament last weekend in Ephrata. Our volleyball team has their first state match on Friday November 14 at 1:30 pm in the Yakima SunDome against Morton-White Pass.

Our football team is also the 2B North Central Washington League south division champions. Our team had an overall record of 7-2 with a perfect 5-0 league record. Our football team won their first play-off game last week against Orville. We will host the first round of the state play-offs on Friday November 14 at 6 pm against Davenport. Please come out and support both our football and volleyball team throughout the state play-offs.

Middle School Basketball off and Rolling

The Mt. Adams Middle School boys’ basketball team started practice on Thursday October 23. We are very excited about the upcoming season because of the hard work our student-athletes have already put into practice. Our coaches are pushing the team hard and focusing on the fundamentals of the game. We currently have about 27 student-athletes that have turned out for practice. We have five home games this season with our first game set for Thursday November 20 at 4 pm at home against Goldendale.
Dress for Success!

We expect big things of our students both today and in the future. One topic we often discuss with our students is how to approach important events in life professionally.

On December 3rd we will have our first “Dress for Success” day at White Swan High School. On that day we are encouraging our students and staff to dress as they would when going to a job interview, or making a professional presentation.

To prepare for this event we will be talking about what dressing for success really means, and the impact it can have on their performance at important events in life.

We will have some fun with this too. Mr. Castilleja and Mr. Blakney will be holding a tie-tying workshop to teach the art of the perfect tie, dimple and all!

Mount Adams School District believes there are big things in store for our students. Planning for this success is part of the culture at our school!

Middle School Egg Drop

How many ways can a student NOT break an egg? Mount Adams Middle School students found out the answer by doing a science experiment. Students collaborated with a group to develop a method to protect an egg from a drop. They used problem solving skills and creative thinking in order to execute the activity. Students learned critical thinking and creativity by designing methods to combat the force of gravity. Students understood that they were dealing in science in the creation of the “egg carrier” as they were using their own everyday scientific knowledge of gravity to help move an egg from a higher altitude to a lower altitude. Ms. Ceja explained the science behind the egg drop, “Newton’s third law states that for every action there is an equal and opposite reaction. So when the egg hits the ground not only does the egg push on the ground, the ground also pushes on the egg, breaking it. So by reducing the force with which an egg hits the ground they are also reducing the force applied to the egg. In the case of the egg drop, students can be successful in creating a solution by trying one of the following: increase the time of the impact by cushioning the egg, or reduce the acceleration of the falling egg. One way to calculate the force of a collision is Mass/Time=Force so you can decrease force by increasing the time of a collision. Another way is to increase air resistance to slow the fall.”

It is Ms. Ceja’s goal that kids learn to think creatively and practically to solve a problem. Through experiments like these she hopes her students will...
Egg Drop, continued...

take away practical knowledge to solve a similar problem in the future or develop creative solutions to other problems by using the same logical process.

Volunteer… Our kids need you!

Being a student in a small town comes with a lot of advantages. In fact, small schools are known for achieving big things. This is due in large part to the big hearts of our community members.

Our staff, students, and administrators recognize that one of our best assets is the talent and commitment of our community members. For this reason we want to put out an invitation!

Do you have a talent you would like to share? Maybe you are a musician or dancer with a performance to give, or maybe you have a profession that would be of interest to our kids. It is important that we remember that kids become inspired and motivated by positive experiences, and it is you, the community members that have the most to offer our kids in this area.

Please, if you have a talent, story, or experience to share, come forward and volunteer. Your community and children will be delighted to have you!

How to Volunteer

Contact the school office with your idea, and we will guide the process from there!

Be the change you want to see… Volunteer!