



November, 2009

WHITE SWAN SCHOOLS LUNCH MENUS

Monday	Tuesday	Wednesday	Thursday	Friday
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2 Chicken nuggets A gratin potatoes Wheat roll Broccoli mix Fruit	3 Chili dogs Cheese cup Carrots Fruit	4 Hamburgers French fries Lettuce/pickle Fruit	5 Pizza Salad Cookie Fruit	6 Sub sandwich Lettuce/pickle Chips Fruit
9 Corn dogs Mac/cheese Celery/Peanut butter Fruit	10 Chicken tacos Lettuce/cheese Salsa Refried beans Fruit	11 NO SCHOOL Veterans Day	12 Burritos Nachos Corn Fruit	13 Tuna sandwich Lettuce/pickle Chips Fruit
16 Chicken sandwich French fries Lettuce/pickle Fruit	17 Tomato soup Texas toast Crackers Celery/peanut butter Fruit	18 Chili Homemade rolls Cheese cup Carrots Fruit	19 Spaghetti French bread Green beans Fruit	20 Hamburgers Lettuce/pickle Chips Fruit
23 Tacos Lettuce/cheese Salsa Refried beans Fruit	24 Turkey/gravy Mashed potatoes Rolls Corn Stuffing Cranberry Orange Dessert	25 Corn dogs Chips Carrots Fruit	26 No School 	27 No School
30 Hamburgers Lettuce/pickle French fries Fruit				

PROGRAM BENEFITS AND SERVICES ARE AVAILABLE TO ALL CHILDREN WITHOUT REGARD TO RACE, COLOR, DISABILITY, AGE OR NATIONAL ORIGIN.
 ALL MEALS ARE SERVED WITH MILK

November, 2009

WHITE SWAN SCHOOLS BREAKFAST MENUS

Monday	Tuesday	Wednesday	Thursday	Friday
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2 Cheese omelet Sausage Fruit	3 Waffle sticks Strawberries	4 Ham/cheese bars Fruit	5 Pancake on a stick Fruit	6 Cinnamon rolls fruit
9 Breakfast pizza Fruit	10 Cinnamon swirl French toast Fruit	11 No School Veterans Day 	12 Biscuits/gravy Sausage Fruit	13 Super buns Fruit
16 Breakfast burrito Fruit	17 Mini pancake Fruit	18 Cereal Yogurt Fruit	19 Ham/cheese bars Fruit	20 Cooks choice
23 Breakfast sandwich Fruit	24 Cold cereal Yogurt Fruit	25 Bagels Cream cheese Fruit	26 NO SCHOOL Thanksgiving 	27 NO SCHOOL
30 Ham/cheese bar Fruit				

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November, 2009

HARRAH SCHOOL BREAKFAST MENUS

Monday	Tuesday	Wednesday	Thursday	Friday
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2 Cheese omelet Sausage Fruit	3 Waffle sticks Strawberries	4 Ham/cheese bars Fruit	5 Pancake on a stick Fruit	6 Cinnamon rolls Juice
9 Breakfast pizza Fruit	10 French toast sticks Syrup Fruit	11 No School Veterans Day 	12 Biscuits/gravy Sausage Fruit	13 Super buns Fruit
16 Breakfast burrito Fruit	17 Mini pancake Fruit	18 Cereal Yogurt Fruit	19 Ham/cheese bars Fruit	20 Cooks choice
23 Biscuit, egg Sausage Fruit	24 Cold cereal Yogurt Fruit	25 Bagels Cream cheese Fruit	26 NO SCHOOL Thanksgiving 	27 NO SCHOOL
30 Pancake on a stick Fruit				

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November, 2009

HARRAH SCHOOL LUNCH MENUS

Monday	Tuesday	Wednesday	Thursday	Friday
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2 Chicken nuggets A gratin potatoes Wheat roll Broccoli mix Fruit	3 Chili dogs Cheese cup Carrots Fruit	4 Hamburgers French fries Lettuce/pickle Fruit	5 Pizza Salad Cookie Fruit	6 Sub sandwich Lettuce/pickle Chips Fruit
9 Chicken nuggets Mac/cheese Cucumbers Fruit	10 Chicken fajitas/rice Tortilla Lettuce/cheese Refried beans Fruit	11 NO SCHOOL Veterans Day	12 Burritos Nachos Corn Fruit	13 Tuna sandwich Lettuce/pickle Chips Salsa Fruit
16 Chicken sandwich French fries Lettuce/pickle Fruit	17 Tomato soup Grilled cheese sand. Crackers Celery/peanut butter Fruit	18 Chili Homemade rolls Cheese cup Carrots Fruit	19 Spaghetti Bread sticks Cheese cup Fruit	20 Hamburgers Lettuce/pickle Chips Fruit
23 Chicken fajita soup Cheese cup Nacho chips Celery/peanut butter Fruit	24 Turkey/gravy Mashed potatoes Rolls Corn Stuffing Cranberry Orange Dessert	25 Corn dogs Chips Carrots Fruit	26 No School Thanksgiving 	27 No School
30 Teriyaki dippers Tator tots $\frac{1}{2}$ sandwich Carrots Fruit				

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